

9.1 Sports/Organized Sports Including Youth Leagues, Adult Leagues, Practices, Games, and Tournaments (Effective 6/15)

- **Sports involving no or low-contact** (e.g., tennis) **or short-duration, incidental contact** (e.g., soccer, softball, baseball, lacrosse, volleyball, hockey) may initiate expanded team practice sessions that include small-sided, intra-squad scrimmages.
- **High contact sports**, or those which necessitate significant, longer-duration, close contact (e.g., wrestling, basketball, football) are not currently allowed to engage in intra-squad scrimmages or inter-squad games, but may conduct no and low contact physical conditioning and skill building drills.
- Keep participants in small groups. Group numbers, including players, coaches and officials, may not exceed current limits on social gatherings - currently 25 or fewer individuals. Wherever possible, the same coach(es) should remain with the same group each practice.
- The number of spectators should be limited as much as possible and in no case should the number of spectators exceed current limits on social gatherings.
- Prioritize outdoor, as opposed to indoor, activity (e.g. training sessions and matches) as much as possible.
- During times when players are not actively participating in practice or competition, attention should be given to maintaining social distancing by increasing space between players on the sidelines, dugouts, or benches.
- During competition, alter spacing of participants, officials, and coaches to achieve physical distancing to the greatest extent possible (e.g., consider moving baseball/softball umpires behind the pitcher and moving the catcher further behind the plate).

- All players, coaches, officials, staff, and spectators must have a cloth facial covering in their possession to be used, as necessary, when physical distancing measures are difficult to maintain. Face coverings should be worn as much as possible.
- Equipment, and other supplies touched by participants, must be thoroughly cleaned and disinfected regularly. Limit sharing equipment as much as possible.
- No spitting on the field or sideline.
- No sharing of water bottles.
- Competition between Vermont clubs (i.e., inter-squad games) is currently anticipated to be able to resume starting July 1. Games must be conducted as individual sporting events; “jamboree” or tournament-style play (one team playing multiple games vs multiple opponents in a single day/weekend) is not currently permitted.
- Individual players from bordering states who belong to a Vermont-based club, organization or league may participate but must follow Vermont state recreational visitation guidelines.